

## How can I be referred to the pharmacist?

You may be referred to the pharmacist by any member of the Southlake Family Health Team.

You can also refer yourself.

## Please bring to your appointment:

- **ALL of your medications**, including prescription, non-prescription, vitamins/supplements, and herbal/natural health products
- any medication schedules or lists that may have been given to you in the past
- any record of allergies or sensitivities to medications
- any questions you wish to discuss

## To make an appointment with the pharmacist:

Please call our office at  
**905-853-3103.**

### Appointment Information

Date: \_\_\_\_\_

Time: \_\_\_\_\_

To learn more about the pharmacist's role as a member of your healthcare team, please discuss with your primary care provider or ask to speak with the pharmacist.

*Southlake Academic*

**Family Health Team**

581 Davis Drive  
Suite 201  
Newmarket, Ontario  
L3Y 2P6

# Pharmacist Services

*Southlake Academic*

**Family Health Team**



## What does the pharmacist do here?

Our pharmacist works closely with your physician and other members of the Family Health Team to ensure that your medications are the best choices for YOU.

The role of the pharmacist has evolved over the years to include:

- ensuring safe and effective medication use
- disease prevention
- chronic disease management
- health promotion and awareness

**Our goal is to improve your experience taking medication and your overall quality of life.**



## Why should you see the pharmacist?

An appointment with the pharmacist may be helpful if you:

- have questions about your medications, including vitamins/supplements and natural health products
- wish to review or learn more about your long-term medications
- recently returned home from hospital or long-term rehabilitation
- are having difficulty taking or remembering to take your medications
- are having difficulty affording your medications

*Partners in Learning...Health for Life*

## What will the pharmacist do?

Our pharmacist will meet with you one-on-one in the Family Health Team office and:

- ask questions to gather a complete medication history
- conduct a review of all of the medications you are taking to check for any problems and to optimize your therapy for effectiveness and safety
- answer any questions about your medications

Any potential changes to your prescription medications will involve your primary provider.

Anything discussed becomes a confidential part of your record with the Family Health Team.

